

Psychological Sciences Student Community Newsletter: April 18, 2008

Registration is Upon Us!

In this Issue:

DATES & DEADLINES-- don't miss 'em!

Strategies for SUCCESS

End of Semester Study and Relaxation PODCASTS

Spotlight On -- COGNITIVE DEVELOPMENTAL NEUROIMAGING Labs

Announcements --On-Campus Job Opportunities with STUDENT PARENT HELP CENTER & CAREER AND COMMUNITY LEARNING CENTER

Summer and Fall COURSES OF INTEREST

Upcoming Workshops and Info Sessions -- SCHOLARSHIPS, STUDY AWAY, CAREER-PLANNING, etc.

Opportunities to WORK, LEARN and TRAVEL

Events on and off Campus-- PRESENTATIONS, EXHIBITS, LECTURES and more...

Upcoming Dates & Deadlines

April 25 -- Last day for students to be added to the program for the Spring 2008 CLA Commencement Ceremony. Call Carol Hondl for tickets for the May 18th Ceremony if you have not requested them already: 612-625-0340.

MAY 9 -- Last Day of Instruction, Spring 2008 term

* May 9 is the last day to complete petitions with your college office for Late Cancellation for Spring 2008 term: this includes One-Time-Only withdrawals, Extenuating Circumstances withdrawals and Complete Withdrawals. For more add/drop deadlines, go here :

http://onestop.umn.edu/onestop/Calendars/Refund_and_Drop2FAdd_Deadlines/Spring2008.html

MAY 10-11 -- Study Days

MAY 12-17 -- Final Exams

Strategies for SUCCESS

- Stay on top of your assigned readings and assignments for class. If you have not done well on papers or exams thus far, or if you wish to do better, discuss this with your instructor or TA. Find out if they can help you with suggestions regarding study practices that may be helpful. Go over assignments or exams with the instructor or TA. Utilize any necessary resources such as the writing center, SMART Learning Commons, UCCS, your academic advisor, instructors' office hours and help from your classmates.

- If you'd like to make an appointment with your adviser before you register, make it now! Appointment slots fill up rapidly in April and May -sometimes requiring you to wait up to two weeks for an appointment. Call 612-626-7707, or stop in at 30 Johnston Hall to schedule.

End of Semester & Finals Week Got You STRESSED OUT?

The University Counseling and Consulting Services (www.uccs.umn.edu) offers a series of podcasts specially designed to offer you help with End-of-Semester study, relaxation and transition issues. Since these are podcasts, you can download and listen to them ANYTIME from your own computer or iPod!

A Few End-of-Term Podcasts:

End of Semester "Re-Entry"

Avoiding Procrastination

The Importance of Relaxation

End-of-Semester Checklist

Strategies for Finals Week

To view and download all podcasts, please visit <http://www.osa.umn.edu/podcasts/>

Spotlight On-- The COGNITIVE DEVELOPMENTAL NEUROIMAGING LAB

Are you interested in doing research in Cognitive Psych, Child Psych, Neuroscience and/or Neuropsych? If so, the Cognitive Developmental Neuroimaging Lab on the U of M campus might have an opportunity for you!

The CDN Lab explores the neurobiological aspects of cognitive development, with a focus on learning, memory, and attention during the preschool and school age periods. The Lab looks for undergraduates to help with "behavioral testing, behavioral and standardized data analysis, and reporting of the results to the participating families and the scientific community." Students are also exposed to processes involved in the collection and analysis of neuroimaging data from EEG and/or MRI techniques with adult and child participants," according to the CDN website.

Find out how you can become involved with CDN here: <http://cehd.umn.edu/ICD/CDNLab/ForStudents.html> .

Announcements -- 2 great ON-CAMPUS JOB OPPORTUNITIES

STUDENT PARENT HELP CENTER - Undergraduate Assistant

Do you have career or degree interests in family social science/social work, psych or child psychology, sociology, women's studies or a related field? The Student Parent Help Center is looking for an Undergraduate Assistant to work in their office. The SPHC serves undergraduates at the U of M who are pregnant or currently parenting children through their academic degree. This is a position that provides fairly high level, professional experience for those interested in the helping professions or those who want to work with families. This position requires a great deal of student contact, some contact with children, and high level office management skills. The student will work closely with and be mentored by two licensed, Master's level social work professionals. If interested, apply through the U of M employment search site, Job Code and Title: 9512 Undergrad Teaching Assistant I: <http://www1.umn.edu/ohr/employment/student/index.html> . For more information, contact: Susan Warfield, 612-625-0825 or warfi002@umn.edu

CAREER AND COMMUNITY LEARNING CENTER -- Peer Adviser

CCLC is looking for two motivated students to fill the Peer Advisor position in 345 Fraser Hall. Both positions will be hired in May and start work in Mid-August 2008. The Peer Advisors are responsible for advising students on volunteer opportunities in the Twin Cities and advising Community Engagement Scholars students. They also maintain regular communication with community organizations and update volunteer information. Peer Advisors are responsible for the marketing and recruitment of students through class presentations, tabling and special events, and work closely with professional staff on special projects and on the growth of civic engagement at the University of Minnesota. A full job description is attached. Interested students should apply by Friday, April 25th. Applicants can either mail or email a cover letter, resume, and 2-3 references to Katie Peacock at: kpeacock@umn.edu or 106 Pleasant St. SE, 345 Fraser Hall, Minneapolis, MN 55455.

Courses of Interest for Summer and Fall 2008

1 credit COUNSELING TOPICS seminars offered through EdPsy. May & Summer term 2008

*INTEGRATED WELLNESS: Using Mind-Body and Psychotherapeutic Approaches for Healing EPsy 5400: Special Topics - 1 credit - June 2008 June 2nd - June 6th, 9:00-11:30 a.m.

Please contact the instructor, Michelle Trotter, MA, at trot0026@umn.edu with questions.

*EXISTENTIAL COUNSELING AND PSYCHOTHERAPY, EPsy 5400: Special Topics - 1 credit - June 2008 9:05-11:30 a.m., June 16-20

Please contact the instructor, Michael Starkey, at stark216@umn.edu with questions.

*EPSY 5400-2 WORKING WITH SUICIDAL AND POTENTIALLY VIOLENT CLIENTS - 1 credit - June 20-21, 9:00-4:30

Please contact the instructor, Sandra Sanger, MA, LPC (engx0021@umn.edu) with questions.

Fall 2008 : GWSS 3590 Topics: Social Change, Activism, Law, and Policy Studies: Feminist Perspectives on Sexual Assault and Domestic Violence

3 credits, Tuesday/Thursday, 12:45 to 2:00 pm, TC East Bank

Professor Mary Lay Schuster (mmlay@umn.edu; 624 2262) ALL MAJORS WELCOME!!

From the Career and Community Learning Center, Fall 2008 offerings:

ID 1201: MAJOR AND CAREER EXPLORATION

Get help choosing a major or exploring the one you've got. This class will teach you how to assess your interests, and the basics of career planning.

ID 3201: CAREER PLANNING

This class will teach you sophisticated career-search strategies like marketplace research, resume writing, networking and interviewing.

INTENSIVE SPAN 1003-1004, 10cr, FALL08

Intensive Spanish 1003-04 is a 10-credit course that meets for 2 hours a day, Monday -- Friday. We also have online assignments and at times an out of class assignment when cultural events take place in the Twin Cities. By being immersed in the language for two hours a day, students frequently comment that "getting into the swing" of speaking the language becomes easier due to the more prolonged contact. All students must receive a permission number from 51 Folwell to register. Permission numbers will be handed out starting on the first day of Fall registration. For further information contact Dr. Angela Carlson-Lombardi, carls135@umn.edu <<mailto:carls135@umn.edu>>

Upcoming WORKSHOPS and INFO SESSIONS

EFFECTIVE TEST-TAKING WORKSHOP

Great strategies for finishing strong (... even if you got a slow start)

Date: Tuesday, April 29th

Time: 5:00-6:00 pm

Location: 202 Eddy Hall

** To register for this workshop, Call 612-624-3323 OR, Email www.uccs.umn.edu for information

STRESS MANAGEMENT WORKSHOP

Important tips and strategies for managing stress during the incredibly stressful finals season

Date: Wednesday, April 30th

Time: 5:00-6:00 pm

Location: 202 Eddy Hall

** To register for this workshop, Call 612-624-3323 OR, Email www.uccs.umn.edu for information

FROM THE CAREER AND COMMUNITY LEARNING CENTER

Workshops:

Register for upcoming workshops on: Resume and Cover Letter Writing, Interviewing, Job Search Strategies, Personal Statement Writing. Also find workshops on Pre-Law Planning and Info Sessions on Service Learning and Community Engagement.

Workshops held both online (<http://www.cclc.umn.edu/workshops/index.html>) and in the CCLC at 135 Johnston Hall or 345 Fraser Hall. Click on the link at left for more info.

Info Sessions:

-- Community Engagement Scholars Program

-- National Student Exchange

-- HECUA

Are you thinking about signing up for the Community Engagement Scholars Program? What about studying off-campus through National Student Exchange or HECUA? Come to one of our many Info Sessions to learn all about these great programs. See the Info Session schedule and program information at

<http://www.cclc.umn.edu/infosessions/>

PLANNING FOR MEDICAL SCHOOL -- ONLINE WORKSHOP

Developed by the Health Careers Center and the University of Minnesota Medical School, this workshop gives useful information on the career of medicine and the experience of being in medical school. The workshop includes video interviews with Medical School faculty, clinical researchers, students, and other members of the health care team, who will provide insight on the qualities of successful physicians. They also offer advice for mastering all parts of the admissions process, such as personal statements, interviewing, the MCAT, gaining experience, academic planning, and the AMCAS. To Register: Visit <http://www.healthcareers.umn.edu/> and click on "Workshops & Info Sessions" in the left-hand navigation.

Opportunities to WORK, LEARN & TRAVEL!

SUMMER RESEARCH ON LOW-INCOME ADOLESCENTS IN ALABAMA

The School of Public Health in the University of Alabama at Birmingham is offering a summer research internship for students interested in studying neighborhood poverty and its impact on adolescent behavior. Students who participate in the internship will conduct a survey of adolescents living in public housing and other very low-income neighborhoods in Mobile and Prichard, Alabama. Interns will be required to live in Mobile between May 19, 2008 and August 1, 2008. For more information, please contact John M. Bolland, Department of Health Behavior, School of Public Health, University of Alabama at Birmingham, RPHB 227, 1530 3rd Avenue South, Birmingham, AL 35294-0022, (205) 975-7149, bollandj@uab.edu. Interested students should send a note indicating their interest and a resume (with names of and contact information for three references). They will begin screening applicants on March 17, 2008, although they will continue accepting applications until all positions are filled (typically at least the middle of April).

HELP Hmong HIGH SCHOOL STUDENTS DEVELOP LIFE SKILLS

Needed: Bilingual (Hmong/English) college students to help Hmong Thai students (enrolled in Hopkins School District) attain skills for a successful life in the U.S.

Where: CURA- Center for Urban and Regional Affairs on the West Bank (enter via Carlson business school or library)

Time: Sunday nights from 6pm-8pm

For more information: contact Gaohnou Vang at 612-625-5584 or vang0678@umn.edu

GAIN MEANINGFUL WORK EXPERIENCE TODAY!

FahrenHEIGHT360 matches students with organizations and positions in their chosen field to offer valuable work experience. Positions are available as in-home Personal Care Assistants and in the business world. It's never too early to get a leg-up on your job search. Contact them today to begin the simple application process at www.fahrenheight360.com.

BECOME A CERTIFIED LEADER

Get your Leadership Certification by taking exciting Leadership Skills workshops like "Leadership (R)evolution," "Leadership: The Good, The Bad, and The Ugly," and "Mentoring for Career and Personal Development." See the full list of workshops and register online at: http://www.lead.umn.edu/certification/workshops_by_theme.html

EVENTS On and Off Campus

PUBLIC ENGAGEMENT DAY!!

-- Tuesday, April 22

-- 8 a.m. to 6 p.m. (stop by anytime)

-- Coffman Union

Stop by the U of M's 2nd annual Public Engagement Day! It's a full day of free events, and you can take part in as many as you'd like. Learn more at <http://www.engagement.umn.edu/>. At the end of the day (4 to 6 p.m.), come by the Great Hall for the Open House Celebration of Community-University Partnerships. It's sponsored by the Career and Community Learning Center, and everyone is welcome to attend.

EXHIBITS

"Seeing Climate Change," exhibit at the Bell Museum

Paintings, photography, pub gatherings and poetry mark a four-month exploration of the effects of global warming on northern ecosystems in "Seeing Climate Change" January through April 2008 at the University of Minnesota's Bell Museum of Natural History.

"The Exquisite Book: The International Library by Helmut Lohr, et al." Through Aug 8, 2008. For more information please visit <http://www.weisman.umn.edu/>

"Who is a Citizen, What is a Citizen?" Through Aug 3, 2008. For more information please visit <http://www.weisman.umn.edu/>

LECTURES

The Institute for Global Studies Invites You to Hear Phyllis Bennis Speak on her Book "Challenging Empire"; April 25th

246 Social Science Bldg, 1:30pm-2:30pm, Friday, April 25

When millions around the world marched to protest the Iraq war and the U.S. drive towards empire, the New York Times dubbed global public opinion "the second super-power." What empowered those protests was their alliance -- if only for a brief moment -- with governments unexpectedly willing to stand up to U.S. pressure, and with the United Nations itself, when it followed its

Charter's command to stop "the scourge of war." Bennis tracks the rise of U.S. unilateralism and the doctrine of preemptive war, looking particularly at Iraq and Israel/Palestine, and examines both the potential and the challenges ahead in reclaiming the UN as part of the global peace movement.

"Our Habitual Lives: How the Brain Makes and Breaks Habits." Ann Graybiel, PhD., Massachusetts Institute of Technology. Walter A. Rosenblith Professor of Neuroscience in the Department of Brain and Cognitive Sciences at MIT.

Wed, May 14, 2008 4:00 - 5:00 pm; University of Minnesota Medical School, Mayo Memorial Auditorium; 425 Delaware Street SE, Minneapolis, MN 55455

Dr. Graybiel studies the neurophysiology of the basal ganglia, a brain region that is implicated in the control of movement and cognition, as well as in our ability to learn habits. Disorders in this region have been implicated in Parkinson's and Huntington's diseases, and in neuropsychiatric disorders such as Tourette's syndrome, obsessive-compulsive disorder, depression, and also addiction.

*For more information on what is happening on campus please visit <http://events.tc.umn.edu/>

~~~~~Visit our website for the latest campus updates, strategies for success, advising resources, and more: <http://psysci.class.umn.edu/>

CLA Psychological Sciences Student Community  
30 Johnston Hall  
612-626-7707  
<http://www.class.umn.edu/psysci>